Pastry Sampler's Common Can Terms, Weights and Content Ranges

Can terms can be helpful in estimating quickly how much of a product is needed. The canned product can be in glass or in aluminum/steel; the term is the same.

<u>Can Term:</u>	<u>Aprox. Weight/ Ranges</u> :	<u>Average Content/Range</u> :
8 oz	8 oz	1 cup
Picnic	10 1/2 to 12 oz	1 1/4 c
12 oz Vacuum	12 03	1 1/2 c
No. 300	14 to 16 oz	1 3/4 c
No. 303	16 to 17 oz	2 c
No.1, Tall		2 c
No. 2	1 pound 14 oz or 1 pt 2 fl oz	2 1/2 c
No. 21/2	1 pound 13 oz	31/2 c
No. 3	46 oz to 3 pounds 3 oz	4 to 5 3/4 c
No. 10	6 1/2 pounds to 7 pounds 5 oz	12 to 13 c